



# Hoofbeats



## Capitol Riders



*Goodbye, Spunki...*

*Goodbye, Ander...*

*Love, Gary & Donna*



### Capitol Riders

*Volume 4, Issue 2*

#### Inside this issue:

Accept differences,  
Be kind,  
Count your blessings,  
Dream,  
Express thanks,  
Forgive,  
Give freely,  
Harm no one,  
Imagine more,  
Jettison anger,  
Keep confidences,  
Love truly,  
Master something,  
Nurture hope,  
Open your mind,  
Pack lightly,  
Quell rumors,  
Reciprocate,  
Seek wisdom,  
Touch hearts,  
Understand,  
Value truth,  
Win graciously,  
Xeriscape,  
Yearn for peace,  
Zealously support a worthy cause.

5th Avenue Fitness	2
Horse Trailer Safety (18 of 23)	2
Saddles for Sale	2
2007 Ride / Activity Schedule	3
Saving Minnie	3
Equine Dental Clinic Schedule; May 12th	4
Info on Current Research and Prevention of Grass Founder in Horses	5
Minutes from April 10	6
Minutes from Directors' Meeting	7
Henneke Body Condition Scoring System	12
Advertising Rates	14
A "Technical" Equine Question	14
Horse Trailer for Sale	15
May Birthdays / Meeting Schedule	16

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**Capitol Riders Subject-to-Change-At-Any-Moment  
2007 Ride / Activity Schedule (changes in red)**

Date of Event	Activity and Location	Trail Boss
Apr 21	Trail Maintenance—Mima Camp Ground	Jeff LaBreck
Apr 22	Chili Dog Ride—Nisqually Marshall	Nina Merklin
May 4—5	Garage Sale / Duchesnes	Ritz Duchesne
May 12	Equine Dental Clinic / Trails End (filled)	Donna Thorson
May 19	Trail Maintenance	Jeff LaBreck
May 26-28	Memorial Day Ride / Nile	Carrie Russell
Jun 16	Trail Maintenance	Jeff LaBreck
Jun 16—17th	Father's Day Ride / Kalama	Carrie Russell
Jul 13—15	Ride / Keenes	Carrie Russell
Jul 21	Trail Maintenance	Jeff LaBreck
Jul 27—29	Women's Ride / Mt. Adams	Carrie Russell
Aug 17—18	Campout / Ride / Mt. Adams	Carrie Russell
Aug 18	Trail Maintenance	Jeff LaBreck
Sep 1-3	Labor Day Ride / Les Hilde	Carrie Russell
Sep 15	Trail Maintenance	Jeff LaBreck
Sep 22	Green Mountain Ride	?
Oct 20	Trail Maintenance	Jeff LaBreck
TBD	Harvest Party / TBD	TBD
Dec	Holiday Party / TBD	TBD

## Saving Minnie by Pat Wagner

“Is she joking?” I wondered, but her stern voice let me know she was serious. The mini’s coat color and her strange ears reminded me of an oversized mouse. She was running wild on 70 plus acres, with a band of large horses left on their own for the winter and doing



**Her front hooves**

fairly well.

A small dark-brown pony-like thing kept a weary eye on us as she grazed. I was warned not to go near the mini-mule. “She’s dangerous!” We kept our distance as we walked around her.

I followed the farm’s resident care-

taker through the pasture so I could look at one of the geldings I had



**Her hind hooves**

*(Continued on page 8)*

# Equine Dental Clinic; Schedule for May 12

8:00 Ritz Duchesne

9:00 Ritz Duchesne

10:00 Tootie Crowson

11:00 Tootie Crowson

12:00 VETTER CATCH UP

1:00 Steve Russell

2:00 Steve Russell

3:00

4:00 Jeff LaBreck

5:00 Betty Reichel



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## Information on the current research and prevention of grass founder in horses

Thank you for being here to learn about grass founder. The information gathered here is the result of my research to find out how to better manage my chronically laminitic ponies. It's been a long and extremely interesting journey. In gratitude for all the advice, encouragement and information provided by forage and equine researchers around the world, this website is intended to share their information with those who need to know. As a professional agricultural contract researcher and consultant, I am in a unique position to understand and conduct studies on sugar and fructan content of forage. Destiny has also placed me in a region where sugar and fructan levels in forage are especially high due to environmental conditions. Special

thanks to Dr. Jerry Chatterton, and the wonderful group of scientists at the USDA Forage and Rangeland Research Lab in



Logan, Utah. A leading authority on fructan in pasture grass, Dr. Chatterton is now helping us find out more about the amount and type of carbohydrates in various pasture and hay grasses, in studies underway at USDA FRRL, and in

cooperation with me. With 25 kinds of grass planted in replicated plots, we are gathering information on which grasses may be safer for laminitic horses. Hopefully this study will be completed by spring of 2006. There is a popular myth that grass hay is mostly roughage, and that the type of grass or hay being fed is not a factor in the management of horses with various conditions stemming from carbohydrate intolerance. People often think that just limiting grain is all that is necessary. The things I have learned from plant physiologists conflicts with much of the advice given on the Internet and in popular horse magazines. People are blaming 'lush' grass, saying that when the grass is rapidly growing is when horses are at risk.

## Minutes from the April 10th, 2007 Meeting

The meeting was called to order by **Eric Anderson**, president, at 7:00 pm. There were 19 members present at the Little Rock Firehouse on Little Rock Road.

The only guest in attendance was the guest speaker, **Sara Carter** from Thurston County Conservation District. **Sara** brought many brochures regarding tips for managing horse property, pasture and manure management and other seminars that are available.

**Sara's** presentation told the membership what Thurston County can do for us. Everything from soil evaluation to a complete farm plan is available. They even have equipment that is available to residents under the equipment loan program. **Sara** indicated her organization is available for additional educational opportunities from one hour to all day. Most of these services are free and are covered under special grants. If you are interested in more information, you can call **Sara** at 360-754-3588 ext. 13 or email her at [scarter@thurstoncd.com](mailto:scarter@thurstoncd.com).

**Minutes of the Last Meeting:** The minutes of the March 13, 2007, meeting were approved as published as they were published in the newsletter.

**Treasurer's Report:** **Nancy Garred** presented the Treasurer's Report. Membership Dues continues to trickle in slowly.

**Director's Report:** **Jeff LaBreck** let the membership know that the full Director's Report will be printed in this issue of Hoofbeats. The annual meeting will be on June 2 at the Monroe Fairgrounds. Set up for the auction and the events will be on Friday night, June 1<sup>st</sup>. There will be a dinner on Saturday night and payment will be in advance for that dinner. **Jeff** asked for the names of those interested in helping at the auction or can donate items for the raffle. If you are interested, please call **Jeff** at 360-264-7901.

**Jeff** also got a sign regarding the limitations on liability for those involved in equine activities. The membership voted to reimburse **Jeff** \$16.25 for the sign. This will be posted at the club-sponsored events.

### Committee Reports:

**Trail Maintenance/Volunteer Hours:** **Jeff LaBreck** reminded everyone about the upcoming trail maintenance day planned at Mima Falls on Saturday, April 14<sup>th</sup>. This is in addition to the work party scheduled in conjunction with the DNR for Saturday, April 21<sup>st</sup> at Capitol Forest.

**Events:** **Nina Merklin** reminded those in attendance about the Chili Dog ride to be held on Sunday, April 22<sup>nd</sup> at Nisqually Mashel. The first horses will go out at 10:00 AM. The last ones must be out of camp by 11:00 AM. Sweep riders will be **Jeff LaBreck** and **Ritz Duchesne**.

The Scatter Creek Chapter of BCHW has been invited to join us.

The upcoming events are:

April 22<sup>nd</sup>: Chili Dog Ride at Nisqually Mashel  
May 4<sup>th</sup> & 5<sup>th</sup>: Garage Sale at Duchesne's in Olympia

May 12<sup>th</sup>: Dental Clinic at Trail's End  
May 26<sup>th</sup>-28<sup>th</sup>: Memorial Day Campout & Ride at the Nile

June 2<sup>nd</sup>: BCHW General Meeting in Monroe  
June 16<sup>th</sup>-17<sup>th</sup>: Father's Day Campout & Ride at Kalama

July 13<sup>th</sup>-15<sup>th</sup>: Keenes Ride  
July 27<sup>th</sup>-29<sup>th</sup>: Women's Ride at Mount Adams  
August 17<sup>th</sup>-19<sup>th</sup>: Campout & Ride at Mount Adams

September 1<sup>st</sup>-3<sup>rd</sup>: Labor Day Campout & Ride at Les Hilde

September 22<sup>nd</sup>: Green Mountain Ride

**Social Events:** **Shelly Anderson** gave a report on the Pot Luck / Retirement party held at her home in Onalaska in late March. The next social event will be the Pot Luck dinner at the May meeting to be held on May 8<sup>th</sup> at the Little Rock Firehouse. With the Pot Luck, the meeting will start at 6:00 PM. **Carrie Russell** will be the coordinator for the Pot Luck.

**Membership:** **Barry Russell** submitted the meeting dates, time and location to the Olympian. This will be submitted regularly but is always subject to the space available in the newspaper.

**Education:** **Dean Hartman** reports that the May speaker will be **Vivian Eason**, Emergency Management Coordinator. At the June meeting, **Carrie Russell** will speak on Trail Etiquette.

**Hoofbeats Newsletter:** **Donna Jo Thorson** and **Dean Hartman** were provided with gift certificates in recognition of their outstanding efforts on the club's Hoofbeats. Many members received newsletters from other chapters. All agreed that Hoofbeats is the best of the bunch. Thanks to **Donna** and **Dean** for their hard work.

**Ways & Means:** **Joyce Nelson** reminded the membership that the date for the Garage Sale is May 4<sup>th</sup> & 5<sup>th</sup> at **Ritz's** house at 7901 Spurgeon Creek Rd SE in Olympia. Volunteers are needed to help set up on Thursday night and to provide assistance on Friday and Saturday. A sign up sheet circulated to identify those that can help. Donations of items for the club will be gratefully accepted. Please remember that household items as well as horse related items will be needed. The membership agreed that we would charge a 15% consignment fee for non-donated items.

Tables are also needed. Directions to the **Duchesne's** will be available via email. If you want to set up a time to drop off your donated or consigned items, please call **Ritz** at 360-438-1805.

If you cannot help set up or spend time on the day of the sale, baked goods will be welcome. **Donna** has the details on the bake sale requirements and will publish them in the newsletter. Shoppers are needed, too, so spread the word to your family and friends.

This is the club's primary fund raising effort for the year. If you have items or baked goods to donate or can provide assistance for the set up or the sale itself, please contact **Ritz** at 360-438-1805.

**Hoofprints Program:** **Jeff** said there are already more paid members for the Hoofprints program.

**Historian:** **Karen Johnson** reported that she and **Betty Reichl** have the materials regarding the history of the Capitol Riders. They are working on setting up some time to review the materials. **Jeff LaBreck** suggested we provide materials for the Annual Meeting set for June 2<sup>nd</sup> in Monroe.

**General Membership Auction:** **Jeff** reported a partial list of items to date for the auction at the General Membership Meeting set for June 2<sup>nd</sup>. The list is getting quite interesting. As reported in previous minutes, the Capitol Riders chapter will be responsible for coordinating the auction. Several members have volunteered to help **Jeff** at the auction. It would also be helpful for members to attend the auction as buyers. Some chapters have issued a challenge to provide at least two items for the auction and four bidders. Since Capitol Riders is responsible for the auction, we would love to meet or beat the challenge.

### Old Business:

- o **Eric** discussed the Co-Use Outreach for Capitol Riders. **Tom Crowson** volunteered to head this committee
- o The discussion on revamping the Capitol Riders website was tabled since **Ken Parrish** was not in attendance.

### New Business:

- o No new business was raised.

**Treats for the next meeting:** Since the next meeting will have a Pot Luck Dinner, it was presumed that there will be adequate treats, good food and an opportunity to chat with other members.

There being no further business, the meeting was adjourned at 8:15 pm.

**Ritz Duchesne**, Secretary

# Minutes from the March 10th Directors' Meeting

1. Meeting called to order and a roll call taken to establish a quorum at 9:00 am by Bob Gish.
2. December meeting minutes were read in an abbreviated form and approved.
3. Bob Brooke brought out Resolutions about President and Vice President and Bob Gish and Darrell Wallace were appointed to the respective positions until December 31, 2007.
4. Bob Shonka was appointed to the vacant position of Alternate BCHA Director
5. Treasurers and Governance and Bylaws Reports were given and discussed.
6. Bob Brooke implored us to call our Representatives and Senators in the Legislature to support the Joint Memorials. (And they passed the House and the Senate, good work to you all).
7. Members should always put down their state and federal Leg Districts on their renewal applications.
8. Bob Brooke reported that our lobbyists are accomplishing positive things in Olympia that we couldn't possibly do on our own.
9. Jeff Chapman gave the Public Lands Report and talked about collaborating with other groups and changing area designations to keep from being excluded in the future.
10. Recreation forums will be held around the country for recreational use of the National Forests.
11. Traci Koch and Jeanne Koester are going to write an IAC Grant for 2 years (RTP).
12. Dick Yarboro gave the THN publicity Report and talked about the services available through WA Media Services. Call him with articles and questions.
13. Jane Byram gave the LNT Report and commented on the LNT classes being given this year.
14. Jim Thode put some very high quality pictures on the website about the 2007 Gravel Pack-In.
15. Discussed the Weed Free Hay issue and how 2007 will be a trial year for the USFS Policy.
16. Dan Chappel reported that the VIP Ride on Aug. 4 & 5 has funding and needs volunteers to help and dude stock for the VIPs to ride.
17. Mike Reedy gave the BCHA Report. BCHA is working on an MOU with the Rocky Mountain Elk Foundation. The Right to Ride Bill is waiting for Democratic sponsorship and the BCHA and the USFS are trying to negotiate trail classifications without further litigation.
18. Mike Reedy spoke of the need for funds to hire a BCHA Lobbyist and suggested a \$100 per chapter donation. He is going to the California Rendezvous to raise funds for the BCHA lobbyist.
19. The BCHW 2007 General Meeting and Auction will be held June 2 at the Monroe Fairgrounds. There will be advertising in the May issue of the THN with all the details about this Grand Event.
20. Capitol Riders is in charge of the Auction and needs Volunteers and Donations, thank you.
21. Darrell Wallace said Scattercreek would bring at least 2 donations of \$50 ea and 4 people to bid at the Auction and challenged the other Chapters to do the same.
22. Heather Moorman of Purple Sage Riders and Jeanne Koester of Northeast rose to the challenge and said that their Chapters, "Would do the Same".
23. Dave Swanberg gave a presentation about the Ways and Means Committee and new ways of fund raising for BCHW. Rick Johnson, Amy Carpenter and Dave will look into BCHW changing from a 301C4 to a 301C3 non-profit.
24. Bob Brooke and Bob Gish talked about NOVA funding and the possibility of more in the future.
25. Voted to accept the THN editorial policy as modified by WMS after discussing the changes.
26. BCHW Liability Insurance covers all members.
27. Heather Moorman is trying to get pictures for a slideshow for the BCHW Ride the West Booth.
28. Sue Branch thanked the Chapters for their LNT and Legal Defense Fund donations.
29. The meeting was adjourned at 3:00 pm by Bob Gish. A productive and educational meeting.

**Jeff LaBreck**  
Director

(Continued from page 3)

found posted for sale. That's when I first saw Minnie. Little did she know, her life was about to change.

"That's a mule?" I asked. Her ears didn't seem long enough to belong to a mule, yet they did seem too long for a pony. Then I thought, "How dangerous could that cute little thing be." Still we kept our distance as we walked.

While we looked the big gelding over and I listened to his many attributes, the mule was all but forgotten. Then, just as we turned to leave the horses, the giant mouse skittered across our path again at a choppy mini-trot. Her matted tail bounced to either side, like a pendulum, and as a hoof care practitioner, the sight of her hooves was gut-wrenching. She was wearing elf slippers! Instantly, I knew I had to fix those feet!

On the spot, I made an offer on her, checking myself briefly regarding the - *my husband will shoot me* - factor. My offer was turned down. "Oh well." I thought, "I tried to do the right thing and now I won't get shot."

Then, as I was getting into my car, I should have seen it coming – wouldn't you know, the mule could be had for one hundred additional dollars over my offer, in cash, of course. So it was a quick trip to the bank and then home to trade the Jeep for the truck, trailer and husband, before returning for Minnie Mouse the mule.

We got her into the trailer, but I'm not sure how. The little mule was clothes-lined as she tried to slip past us. Minnie struggled to get free, as we shoved a rope-halter onto her head. She whipped around and a tiny overgrown hoof grazed my cheek, so no one volunteered to go into the trailer with her.

We got her loaded and as soon as the door was slammed shut, she erupted inside my horse trailer. The receipt for this Tasmanian Devil was

handed to me, while I stood looking at the noisy trailer. A little brown head with longish ears and frightened eyes popped up every few seconds in front of the window. "What the heck did I just get myself into?"

That's when I inquired about any information that might be known about her. The caretaker shrugged and suggested that the mini was around 10 years old and thought the previous owner's kids rode her. *Well, okay, but they must not have liked their kids very much.*

After the short ride home, we parked the trailer, which had become eerily quiet. I opened the door just enough to see two big brown frightened mouse-eyes peering back at me. I gingerly slid the lead rope through the narrow opening and up to her halter, which was all askew on her head.

Later in her paddock, I could get a better look at her. Her tail was one solid mat from the end of her tail bone to the ground where it had been dragged for awhile. I would later learn to read that tail. A quick wag meant she was about to launch one of her double-shot mule kicks with painful accuracy.

As she explored her new surroundings, I made up a story for Minnie Mouse. She had rarely felt human touch that held any compassion for her well-being and she had probably charged dangerously through a few smoke-filled auction arenas as the afternoon's entertainment. Also, she likely passed from one owner to another, many times, for right around \$50.

I wondered how I would get to that tail and to those horribly overgrown hooves to trim them. I set about trying to come up with a plan...and several back up plans.

As the weeks passed, I tried to make friends Miss Minnie. In return, I was shoved, kicked, knocked down onto my knees in the gravel, and made me feel as inept a horseperson as I'd ever felt before. She got my respect. This little mouse was not messing around. I had to come up with some new strategies for her.

Several plans were considered. One was to put a harness on her and pick her up off the ground using an engine hoist. By suspending her a few inches off the ground we'd remove her ability to kick. And we could have a little fun with her in the process. Just kidding.



**Minnie comes home**



**After one week, Minnie is starting to accept being handled. More so on one side of her body than the other, so one hobble is removed. She seems happy about that.**

For this plan of attack, I enlisted my husband and my friend Kim. Okay, so now you're asking yourself, "If you can't get close to her, how the heck are you going to put a harness on

(Continued on page 9)

(Continued from page 8)

her?" Good question and one I should have asked myself. The short answer is we couldn't – at least not without incurring serious injuries.

Minnie had more moves than Mohammad Ali and we had the bruises to prove it. She managed to send my 6 foot 5 inch husband onto his butt, she nearly took off Kim's left earlobe with a lightening fast strike from a hind hoof, and my farrier apron shielded me somewhat from a good whack to my knee.

We decided to abandon that plan before the three of us resembled a little band of war-torn soldiers returning from a civil war - waving a white flag and leading our mule with us and she was unscathed.

**Size doesn't matter!** I realized I'd never seen anything quite like Minnie. She could stand nearly straight up on her front feet and kick my hat off before I could blink! If she couldn't get to me to kick me, she would shove her body into me in an attempt to knock me off balance. And if that didn't work, she would threaten me with her big mule teeth. Fortunately, it seemed "biting" wasn't one of her favorite tactics...probably because she was offended by the taste of human flesh.

**My final answer.** My continued attempts at gaining Minnie's trust were always met with violent responses. So before she broke my spirit, the realization set in that I had to tame this little shifty mule before I could do anything to else for her. But she would need to her feet fixed before I could start working with her. It finally hit me! In order to trim Minnie's feet, one of us was going to need drugs!

An appointment was made for our friends and horse care professionals, Richard Vetter DVM and his wife Kathy, of Performance Equine Dentistry, to come to my rescue. My new plan was for Minnie to be sedated for a dental exam, and then I

could trim her hooves while she was still asleep. This could work!

**We rocked her world!** When Dick and Kathy and my brave friend, Kim, arrived for the big day, we didn't actually have a plan worked out, but Dick knew what he needed to do. "Be careful," I warned him, "she kicks like a...well, you know."

It was apparent this wasn't going to be the ordinary course of action Dick would take to sedate a horse for routine dental work. We needed to knock the bitty little mule out cold!

**Extreme Mule Makeover.** Dick really went above and beyond what I would expect from a veterinarian in this case. He actually got right down on his belly to work in Minnie's mouth. Kathy held her steady and Kim cut off her matted tail, while I trimmed her hooves as best I could in a sideways position. There wasn't time to waste! We worked as efficiently as a NASCAR pit-crew. Vroom!

Once the important work was done, we discussed trying a hobble on Minnie. An Australian hobble, which Dick was familiar with being used on horses with anger management issues. It was clear to me that hobbles would remove most of the risk involved in working with her, and her feet. I was excited!

Dick found two cotton ropes to attach to the sleeping mule's legs and had her all tied up just as she began to come around. For fear that Minnie

would hurt herself, we women continually expressed our doubts as the process went along, but Dick was passively persistent and didn't listen to us.

**Don't try this at home.** Hobbling a horse, or mule, in this manner is not something I would recommend for anyone except a qualified professional. Having a veterinarian/horseman applying this type of hobble was the only way it could be successful. By that I mean, Dick could patch up any injuries we inflicted on her. You know...stuff happens!

As the anesthesia wore off and Minnie started coming back to life



**Extreme mule makeover!**

with the hobbles in place, she needed to learn to walk in them. We anticipated a learning curve, but when she realized something was amiss with her feet, she began to struggle, sending her body in every direction, bouncing off her nose several times. She was confused, upset, scared, and... well, one hacked-off little mule. That was hard to watch, but I admit to a wee bit of satisfaction at the same time.

Dick and I helped her get her balance by holding her up by her head and

(Continued on page 10)

(Continued from page 9)

tail. Every time she tried to take me out for having the audacity to be holding something that was attached to her butt, she'd yank her front feet



**The hobbles attached to Minnie's legs. We let her up and she was not a happy hinny.**

out from under herself and down she'd go. I hated that this poor critter had to go through this confusion and pain, but it was the only way we could find to help her.

Minnie wasn't hindered by the

down and get up without crashing into her face.

Kathy Vetter had suggested that because of Minnie's size, head-shape and ears, she might actually be a hinny: the product of a donkey dam and a horse sire, rather than a mare and a jack which produces a mule. After that, I no longer considered her a mean mule, but a harmless hinny, which gave me hope for Little Minnie Hinny.

**Our work begins.**

Minnie was not such a harmless hinny after all. She had such an

aversion to human touch, that when I stroked her on areas of her body that she was most protective, she'd make foal-mouthing gestures and groan at me - from one end, and from the other end, she would squat and urinate.

Acceptance of my touch was her only recourse with her legs coupled together, and the process was transforming her into a different animal. I was happy to finally find a way to get through to her, yet, sad that this only way we knew to help her. If anyone else had found Minnie as unsafe as she actually was, it's possible that she would have been put down.

Every day for a week, I talked to her and rubbed her all over getting her more comfortable. I picked up her feet and when she tried to kick me she would nearly send herself careening forward. She soon realized that well-placed kicks were no longer available to her for getting

rid of pesky humans.

Minnie resorted to using her teeth and pushing me away with her head.



**Day Two: Minnie is accepting her new predicament. Then she found herself standing in a one downpour after another, in a sand paddock with her legs tied together and no shelter. I felt sorry for her and gave her a new rain sheet. Her feet look so much better.**

Whenever she did that, I simply rubbed her head a bit more vigorously than she liked. She quickly tired of that technique and stopped using her mouth, without causing her to become head-shy.

She was adept at shoving her body into mine to knock me off balance. It was a good strategy for her to use on me because I'm not as nimble as I once was, but how could she know I've watched a few Jackie Chan movies and had a few cagey moves of my own.



**Dr Vetter with his patient. Minnie was upset about not being able to kick her way out of her situation, but she adjusted to the new restriction.**

hobbles for long. I was impressed by how fast she worked through the logistics of moving both feet on one side at the same time. Within a day or two, she could walk around without tripping herself, and she could lie



**Attempting to trim her feet from the opposite side of the fence.**

**Progress!** She quickly learned to pick up her front feet and politely offer each one to me at my request. Nice! It will take longer for her to feel okay about bringing her front feet forward. Her hinds are more difficult, but she's getting better.

After some progress had been made on

her left side that I felt comfortable removing her left hobble, I could not wait to get it off of her leg! I knew it was rubbing her pastern and I wanted to apply something to her irritated skin. She was more apprehensive about accepting me on her right side, so that rope was removed a few days later.

(Continued on page 11)

(Continued from page 10)



After Minnie's second trim. She's gaining weight and starting to look more like a mini-mule or hinny. Cute!

I hoped she had learned by now that "Kicking was not okay." And I was less fearful that she would try to drill me with both hinds at the same time again.

She and I are playing the Parelli seven games now and although she has gotten me good a few times with well-placed cow kicks, that's not as painful as mules can kick. Since I'm familiar with the application of Australian hobbles now, kicking to injure for the most part, is a tactic that has been put behind her.

**She's got legs and she knows how to use them!**

Minnie has a few trims to go to get her hooves in good shape. On her second trim she popped me a good one



Minnie! She's got legs and she knows how to use them!

right in the mouth so it will be a bit longer before I'll feel safe actually trimming her without restraints.

Her disposition will improve

with time and handling, and she can actually be pretty sweet when she wants to be. For me, it's worth the effort to save this little equine from a life of fear and torment, or worse. Being as dangerous as she was could have cost her, her life, but thanks to Dr Vetter and his idea to hobble her, I'm confident she will have a long happy life around with people.



She still has to be restrained to trim her safely. I have the split lip to prove it! I wish I had picture of her kicking, but she's just too dang fast to get one!

Thurston County  
2000 Lakeridge Drive SW  
Olympia, WA 98502

(360) 754-3355 X7392 or TDD Line for Hearing Impaired (360) 754-2933

## General Guidelines for Bake Sales

This document is designed to assist you in safe food handling for bake sales. You will learn to identify baked goods which are considered low risk (non-potentially hazardous) and how to handle and serve these items so they are safe to eat. We hope you will find it useful.

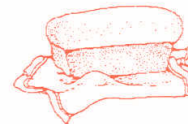


### Only non-potentially hazardous foods may be included in a bake sale

Some examples of non-potentially hazardous foods are:



Cookies, brownies, muffins, donuts, fudge, fruit pies, cake, bread, candy



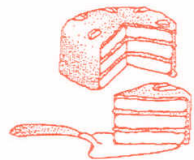
Some examples of potentially hazardous foods that may not be included in a bake sale are: Cream filled desserts, lemon meringue pie, home canned foods, whipped cream, cream cheese, pumpkin pie, cheese cakes, custard desserts.



Foods sold to the public must be protected from exposure to bacteria, virus and other sources of contamination. To ensure this, food items after baking should be transferred with utensils (tongs, spatulas, bakery papers) or use disposable plastic gloves to eliminate hand-to-food contact.

Acceptable packaging includes: food grade plastic wraps and bags, foil or paper plates. Cloth napkins and paper towels are not acceptable packaging. When possible, foods should be pre-wrapped in the quantities in which they will be sold.

Items may be served individually using tongs, bakery papers, or disposable plastic gloves to eliminate hand-to-food contact. If cookies are to be sold individually, they should be wrapped or served individually.....no self service is allowed.



All items on display should be protected from contamination. Use sneeze guards, plastic wrap, dome covers or foil.



## Henneke Body Condition Scoring System submitted by Ed Haefliger

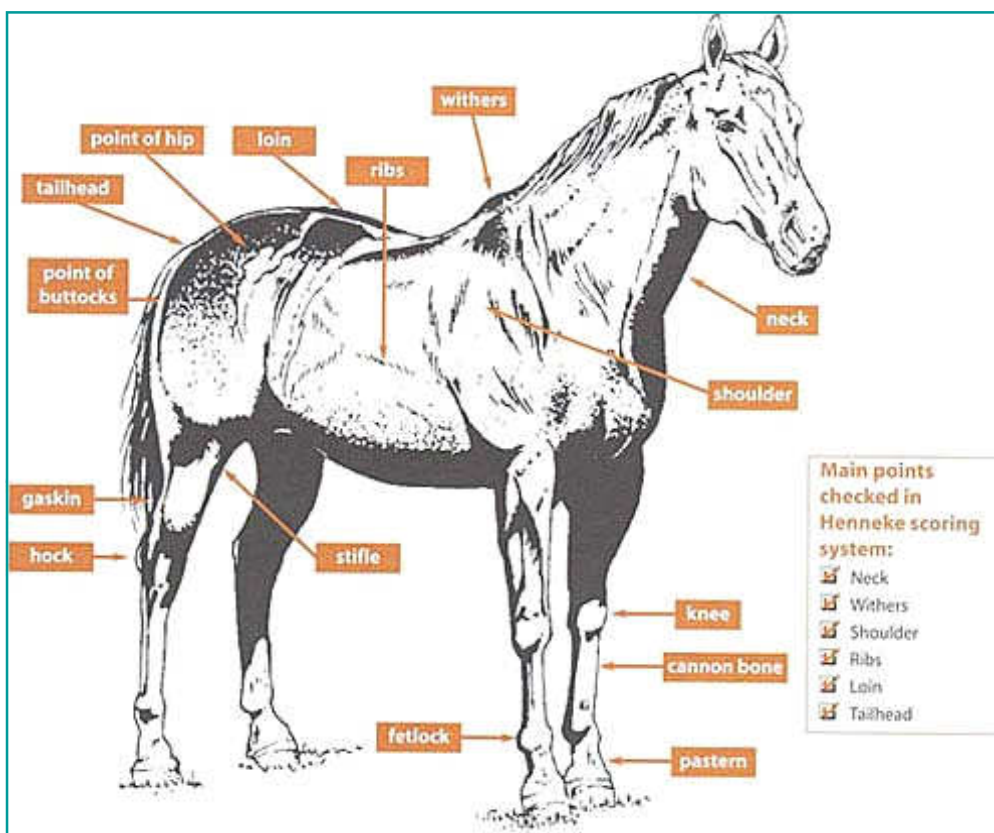
Don Henneke, PhD, developed the Henneke Body Condition Scoring System during his graduate study at Texas A & M University. It is based on both visual appraisal and palpable fat cover of the six major points of the horse that are most responsive to changes in body fat. The Henneke Chart is a standardized scoring system, whereas the terms, "skinny", "thin", "emaciated" or "fat" are all subjective terms that have different meanings to different people.

The Henneke Scoring System is a scientific method of evaluating a horse's body condition regardless of breed, body type, sex or age. It is now widely used by law enforcement agencies as an objective method of scoring a horse's body condition in horse cruelty cases. The Chart is accepted in a court of law.

Six parts of a horse are checked in this system—the neck, withers (where the neck ends and the back begins), shoulder, ribs, loin, and tailhead. When using the Henneke system, you should always make physical contact with these parts, and the kind of touch you use is important. Simply stroking the animal lightly won't provide

an accurate idea of the horse's condition; you have to apply pressure to each part in turn.

The pressure you apply should be much like that of a massage; if you press a horse's side with your hand, you'll be able to feel the fat covering his ribs, and get an idea of how much fat is present. Likewise, when checking the withers, feel all around the



area, as if you were squeezing firm clay. It is possible to be firm and gentle at the same time, and both traits are necessary to properly score a horse

After pressing each part of the horse with your hands to feel for body fat. You then assign each area of the body the numerical score that corresponds with the horse's condition. When a horse has a long haircoat it is imperative that you use your hands to feel the horse. The horse's long

haircoat will hide the protrusion of bones, all except in the most extreme cases. The scores from each area are then totaled and divided by 6. The resulting number is the horse's rating on the Henneke Body Scoring Condition Chart.

Conformational differences between horses may make certain criteria within each score difficult to apply to every animal. In these instances, those areas influenced by conformation should be discounted, but not ignored when determining the condition score.

Conformation also changes in pregnant mares as they approach parturition (birth). Since the weight of the conceptus tends to pull the skin and musculature tighter over the back and ribs, emphasis is placed upon fat deposition behind the shoulder, around the tailhead and along the neck and withers in these cases.

The Chart rates the horses on a scale of 1 to 9. A score of 1 is considered poor or emaciated with no body fat. A 9 is extremely fat or obese. Horse veterinarians consider a body score of between 4 and 7 as acceptable. A



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Condition	Neck	Withers	Shoulder	Ribs	Loin	Tailhead
1 Poor	Bone structure easily noticeable	Bone structure easily noticeable	Bone structure easily noticeable	Ribs protruding prominently	Spinous processes projecting prominently	Tailhead, pinbones, and hook bones projecting prominently
2 Very Thin	Bone structure faintly discernible	Bone structure faintly discernible	Bone structure faintly discernible	Ribs prominent	Slight fat covering over base of spinous processes. Transverse processes of lumbar vertebrae feel rounded. Spinous processes are prominent	Tailhead prominent
3 Thin	Neck accentuated	Withers accentuated	Shoulder accentuated	Slight fat over ribs. Ribs easily discernible	Fat buildup halfway on spinous processes, but easily discernible. Transverse processes cannot be felt	Tailhead prominent but individual vertebrae cannot be visually identified. Hook bones appear rounded, but are still easily discernible. Pin bones not distinguishable
4 Moderately Thin	Neck not obviously thin	Withers not obviously thin	Shoulder not obviously thin	Faint outline of ribs discernible	Negative crease (peaked appearance) along back	Prominence depends on conformation. Fat can be felt. Hook bones not discernible
5 Moderate (Ideal Weight)	Neck blends smoothly into body	Withers rounded over spinous processes	Shoulder blends smoothly into body	Ribs cannot be visually distinguished, but can be easily felt	Back is level	Fat around tailhead beginning to feel soft
6 Moderately Fleshy	Fat beginning to be deposited	Fat beginning to be deposited	Fat beginning to be deposited	Fat over ribs feels spongy	May have a slight positive crease (a groove) down back	Fat around tailhead feels soft
7 Fleshy	Fat deposited along neck	Fat deposited along withers	Fat deposited behind shoulder	Individual ribs can be felt with pressure, but noticeable fat filling between ribs	May have a positive crease down the back	Fat around tailhead is soft
8 Fat	Noticeable thickening of neck	Area along withers filled with fat	Area behind shoulder filled in flush with body	Difficult to feel ribs	Positive crease down the back	Fat around tailhead very soft
9 Extremely Fat	Bulging fat	Bulging fat	Bulging fat	Patchy fat appearing over ribs	Obvious crease down the back	Bulging fat around tailhead

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4. Antique horse buggy. All original parts. \$500.
5. Older Massey Ferguson farm tractor with bucket. Has PTO, electric start. Runs great! \$3000

Call for more information on any of these items. 273-8075

**Ron & Karen Johnson**

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<b>Full Page</b>	<b>\$55 month / \$200 year</b>
<b>Classified ads, non-members</b>	<b>\$5 month</b>

Ads must be prepaid to Nancy Garred,  
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## A "Technical" Equine Question (from September '06 HORSE PREVIEWS)

Recently I purchased and installed Horse 1.0. I soon noticed that this program appears to have numerous glitches. For instance, every

time my computer boots up, I have to run Feed 5.3 and Water 7.1. Many times I've been in the middle of writing an important document, and a window will

flash telling me to run Clean Stall 2.0. This program also contained applications I did not wish to install, such as Manure

*(Continued on page 15)*

(Continued from page 14)


8.5, however they auto installed with Horse 1.0. Applications such as Vacation 2.7 and Free Time 10.1 can no longer run, crashing whenever selected. Possibly the worst is that Horse 1.0 has attached itself to programs like Finance Manager and MS Money, with folders added such as "Monthly Shoeing" and "Winter Blanket". Periodically, I'll get a reminder telling me to send a check to the manufacturer of Horse 1.0 for the aforementioned items. I have tried to uninstall Horse 1.0 numerous times, but when I try to run the uninstall program, I get warning messages telling me that a deadly virus known as "Withdrawal" will infect my system. Please Help!!!!

### THE REPLY:

Dear User,

Your complaint is not unusual. A common misconception among users is

that Horse 1.0 is a mere "utilities and entertainment program." It is not—it is an OPERATING SYSTEM and is designed by its creator to run everything! A warning will soon be imprinted on the box. Since you have already installed Horse 1.0, here are a few tips on how to make it run better. If you are annoyed by the applications Feed 5.3 and Water 7.1, you may run C:\HIREHELP, however, this will cause another folder to be added to financial applications, labels "Staff". Failure to send payment to "Staff" will result in Feed 5.3 and Water 7.1 being run again on startup. A note of caution: NOT booting up your computer for several days isn't the solution to avoiding Feed. 5.3 and Water 7.1. You will find that, when you boot up your



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computer again, a nasty virus called "Colic 4.2" will have attached itself to important documents and the only way to rid your computer of Colic 4.2 is by purchasing and installing "Vet 10.1", which we admit is extremely expensive, but crucial. Otherwise, Colic 4.2 will cause irreversible damage to the operating system. Finally, it is important that you run C:\Carrots and C:\Scratch Ears on a fairly regular basis to keep the application running smoothly. If you have any more questions, please call our toll free number.

Sincerely,



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**Treats for  
May!**

**6:00 p.m. Potluck**

**May  
Birthdays**



**24—Emma  
Russell**

**2007 Capitol Riders Meeting  
Schedule**

All meetings are the **second Tuesday** of the month, **7:00 p.m.**,  
**Littlerock Fire Department**  
**10828 Littlerock Road SW**  
**Olympia WA 98512**

**January 9, 2007**

**July 10, 2007**

**February 13, 2007**  
Speaker: Christine  
Redmond, DNR

**August 14, 2007**

**March 13, 2007**  
Speaker: Ken Parrish

**September 9, 2007**

**April 10, 2007**

**October 13, 2007**

**May 8, 2007**  
**6:00 p.m.**  
**Potluck / Mtg**

**November 13, 2007**

**June 12, 2007**

**December 11, 2007**

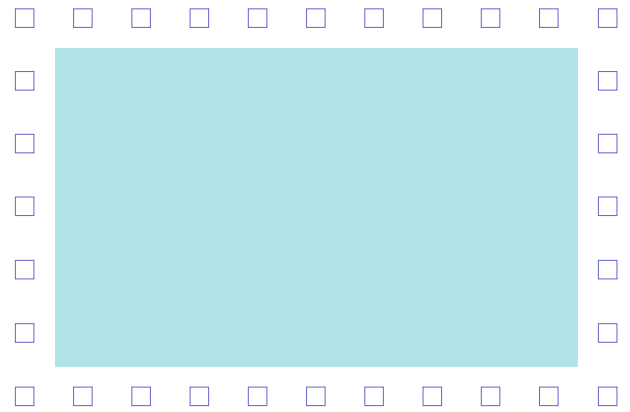


**Capitol Riders**

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Tumwater WA 98512  
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**Lettin' the cat  
outta the bag is a  
whole lot easier  
than puttin' it  
back in**



**Backcountry Horsemen  
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