



Hoofbeats

TidBits from the Prez

What a fantastic Club Breakfast we had, around 40 members showed up. The food was good, the company was great and I think we should have more Club Breakfasts this year.

The Officers had their 2nd get together before the Club Meeting. We set Club Meeting agenda, had great discussion on what was good and what needed improvement over the prior month. I believe this meeting has great value to the club and helps us run better meetings.

I've had a few members suggest I run a shorter Club Meeting, because our March meeting was around 2 hours long. I allowed the meeting to start late because some folks weren't ready and lots of people were visiting. I also allow the Speaker (**Ken Parrish**) to run his presentation for nearly an hour. **Ken** presented a phenomenal session on backcountry safety and basic essentials. I had to immediately go out and buy a GPS enabled Nextel Blackberry Cell Phone/PDA. I determined we have no guidelines established on meeting length. Also, we had a large turn-out and there was a lot of participation and discussion in the meeting. While this is healthy, I think we should all try and be more brief. So, in the future, I will try and restrain our presentations to 20 minutes, the overall meeting length to 1 - 1 1/2 hours, and if we have a meeting Potluck (tentatively planned for May), we'll start about 6:15 or so. We've had some great success with membership outreach, thanks to individuals and **Barry Russell**. Our membership is growing again and so is our meeting attendance. On a final note, the most shining and wonderful product of Capitol Riders is our Hoofbeats newsletter. Month after month, this newsletter informs and pulls us together throughout the four seasons. And developing this newsletter month after month is a very big task. I want to extend my heart felt thanks and appreciation to **Donna Thorson** for all the hard work she does month after month. I, for one, have taken the Hoofbeats for granted in the past and have not acknowledged the tremendous job that is being done.

Capitol Riders

Volume 4, Issue 1

April 2007

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Submitted by **Pat Wagner**, who writes, "I'm forwarding this note and picture cause this is what it's all about! This horse was so lame she could barely walk when I met her 6 weeks ago. There was no way she could be ridden. I've only trimmed her once so and she was completely sound right after that trim. She lives in Longbeach, though, so now I have to drive (haul my own horses with me) to the beach every time I trim for this lady who has invited me to stay in her lodge (HOT TUB included) on a lake and 5 minutes from the beach! Sometimes this job is just the pits and I want so bad to come back and sit at my desk all day answering the phones and putting up with crabby people! NOT!"

Minutes from the March 2007 Meeting

The meeting was called to order by **Eric Anderson**, president, at 7:00 pm. There were 25 members present at the Little Rock Firehouse on Little Rock Road.

Three guests arrived but were members by the end of the meeting. Welcome to **Suzanne Powers**, **Catherine Golding** and **Jennifer Turin**. For reference, **Jennifer** is a horse sitter if anyone needs it.

A presentation by **Ken Parrish** regarding general preparedness and trail safety in the Back Country was very informative. **Ken** provided us with the 10 best things to carry with you on the trail. These items included a cell phone and/or a walkie/talkie,

a pocketknife, first aid kit, extra clothing for warmth, raingear, flashlight, extra food and water, extra matches and fire starter, sun protection and a map and compass. He also said that a whistle or compressed-air horn, a signal mirror or laser pen light, bear pepper spray, an Easy Boot for your horse and a GPS system with extra batteries are strong suggestions. Some preplanning for rides will help you so do some research on the area you are going to ride in. It is also important that someone know where you intended to go and when you intended to return. This counts for day rides as well as camping rides.

Many thanks, **Ken**, for providing such an informative presentation. Many members

commented on how helpful the information will be.

Minutes of the Last Meeting: The minutes of the January 9, 2007, meeting were approved as published as they were published in the newsletter.

Treasurer's Report: **Nancy Garred** presented the Treasurer's Report. Membership Dues tends to trickle in slowly.

Director's Report: **Jeff LaBreck** presented the Director's Report. The annual meeting will be on June 2 at the Monroe Fairgrounds.

(Continued on page 3)

(Continued from page 2)

Set up for the auction and the events will be on Friday night, June 1st. There will be a dinner on Saturday night and payment will be in advance for that dinner.

Committee Reports:

Trail Maintenance/Volunteer Hours: Jeff **LaBreck** reminded everyone about the upcoming trail maintenance day planned at Capitol Forest this Saturday. **Jeff** sent around a sign up sheet to determine the number of volunteers available.

Events: **Carrie Russell** reviewed the Trail Rides/Events calendar for the year. The Chili Dog ride for April has been changed to Sunday, April 22nd due to some scheduling conflicts.

The upcoming events are:

March 24th: Pot Luck and retirement parts for the **Johnson's** at the Anderson home in Onalaska

April 22nd: Chili Dog Ride at Nisqually Mashel
May 4th & 5th: Garage Sale at **Duchesse's** in Olympia

May 12th: Dental Clinic at Trail's End

May 26th -28th: Memorial Day Campout & Ride at the Nile

June 2nd: BCHW General Meeting in Monroe

June 16th-17th: Father's Day Campout & Ride at Kalama

July 13th-15th: Keenes Ride

July 27th-29th: Women's Ride at Mount Adams

August 17th-19th: Campout & Ride at Mount Adams

September 1st-3rd: Labor Day Campout & Ride at Les Hilde

September 22nd: Green Mountain Ride

Social Events: **Shelly Anderson** expressed her joy that the breakfast at JJ North's on Saturday, February 24th was an overwhelming success. Over 40 members were present. I offered good, good chatter and an opportunity to just meet with other members.

Shelly reminded those present of the March 24th Pot Luck dinner at the Anderson home in Onalaska on March 24th. Plan to arrive by 4:00 Portfolio Manager. Directions to their home will be sent in the email system.

Membership: **Barry Russell** indicated that he will develop a plan to increase membership. **Barry** will provide information about the club, its meeting dates, time and location to the Olympian.

Education: **Dean Hartman** stated that we do not yet have a topic for the next Capitol Riders

Meeting. Several suggestions, including Trail Etiquette were suggested. **Dean** will work on a program. **Ken** suggested looking at the National Outdoor Leadership Schools website for information. Their website address is www.nols.edu.

Hoofbeats Newsletter: **Donna Jo Thorson** was not in attendance so no update was provided. There was agreement that the Newsletter for the Capitol Riders is an outstanding effort by **Donna Jo Thorson**.

Ways & Means: **Joyce Nelson** reminded the membership that the date for the Garage Sale is May 4th & 5th at **Ritz's** house at 7901 Spurgeon Creek Rd SE in Olympia. Volunteers are needed to help set up on Thursday night and to provide assistance on Friday and Saturday. Donations of items for the club will be gratefully accepted. Please remember that household items as well as horse related items will be needed. The membership agreed that we will charge a 15% consignment fee for non donated items.

Joyce has the details on the bake sale requirements. If you can't help set up or spend time on the day of the sale, baked goods will be welcome. Shoppers are needed, too, so spread the word to your family and friends.

This is the club's primary fund raising effort for the year. If you have items to donate or can provide assistance for the sale itself, please contact **Ritz** at 360-438-1805.

A motion was made, seconded and approved to have **Joyce** buy some Garage Sale signs for the sale. A motion was also made and approved to put an ad in the Olympian about the Garage Sale.


Hoofprints Program: **Jeff** said there are already 14 paid members for the Hoofprints program. That is more members already than has ever been. He briefly reviewed the concept for the new members present.

Historian: **Gary Thorson** wasn't available for an update. **Karen Johnson** and **Betty Reichl** volunteered to review the historical items and develop a plan for maintaining them. This is the history of the Capitol Riders and is important to retain.

General Membership Auction: **Jeff** provided an update on this endeavor. The Capitol Riders chapter of BCHW will be responsible for coordinating the auction for the 2007 General Membership Meeting that will be held in Monroe on June 2nd. **Jeff** will contact the former committee members to determine their ability to provide support for this year's auction. He will provide an update at the March meeting.

Old Business:

o **Eric** discussed the Co-Use Outreach for Capitol Riders. He feels it is important for the different trail use clubs, like bikers, hikers



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and motorized vehicles, to work together to maintain the trails. **Jeff LaBreck** will take this topic to the next Director's meeting to see what the state level organization can do.

New Business:

- o **Jeff** stated there is a need for support for the BCHW LNT Fund. Following a discussion, a motion was made and seconded for Capitol Riders to send \$100 to the Fund. This motion was approved unanimously.
- o **Nancy Garred** reminded the membership that the club has a Cheer Fund. This is authorized by the by-laws of the club. This is to be used to acknowledge events in the members' lives such as births, deaths, surgeries or other significant occasions. If you know of such an event in another member's life, please let **Nancy** know. You can call her at 360-352-9224 or email her at ngarred@reachone.com.
- o A discussion took place to increase member participation at our monthly meetings. There was discussion about having a pot luck dinner once a quarter at our normal meeting place. **Shelly**, as Events Committee chair, will develop a plan for this event. There was also discussion about having an auction at
- o A new discussion was opened on the topic of the website for the Capitol Riders Club. To date, little has been done to improve the information available on the site. **Ken Parris** volunteered to take on this task. He has the software and the skills to update our site to attract members and

Treats for the next meeting: **Shelly Anderson** will bring treats for the March meeting. It is important to remember that the club will bring its own coffee pot.

There being no further business, the meeting was adjourned at 9:05 pm.

Ritz Duchesne, Secretary.



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Olympia Farrier Supply will be hosting a clinic on April 7th, Saturday with **Otis Curry** on gas and coal forging techniques from 9am to noon.

Then, from noon to 1:30 we will have a clinic on Making More Money as a farrier; tax laws and business planning, understanding your customers real needs, and the true cost of doing business.

As always, our clinics are free to everyone, and morning coffee / donuts and lunch is provided.

Gary Mitchell 360-786-6575



STEPHEN D. RUSSELL, D.D.S., P.S.
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TUMWATER, WASHINGTON 98512
TELEPHONE 943-8182
FAMILY DENTISTRY

Pot Luck & Retirement Party for **Ron & Karen Johnson**

Saturday March 24, 2007 @ 4:00 PM

at the **Anderson's** home.
711 Gish Rd., Onalaska, WA 98570.

Phone # 360-978-4089. e-mail-esafarm@tds.net.

Please RSVP by 3-22-07. Gifts Optional.

Directions:

- ⇒ I-5 to Napavine/Onalaska exit #71,
- ⇒ turn East on Hwy. 508.
- ⇒ Then, east on Hwy. 508 for 5 miles to Gish Rd.
- ⇒ Right turn onto Gish Road for 3 miles.
- ⇒ Then turn left at black iron horse gate at 711 Gish Rd.(address on gate and black mailbox).

Look for new 2 dormered rambler with red trim and large red barn.

See you there.

Eric & Shelly Anderson
esafarm@tds.net



Equine Dental Clinics; Schedule for May 12



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8:00 Ritz Duchesne
9:00 Ritz Duchesne
10:00 Tootie Crowson
11:00 Tootie Crowson

12:00 VETTER CATCH UP

1:00 Carrie Russell
2:00 Carrie Russell
3:00 Chris Cane
4:00 Steve Russell
5:00 Betty Reichel



President

Eric Anderson

366-978-4089

Vice President

Barry Russell

360-438-1873

Secretary

Ritz Duchesne

360-438-1805

Treasurer

Nancy Garred

360-352-9224

Director

Jeff LaBreck

360-264-7901

Assistant Director

Karen Johnson

360-273-8075

Newsletter Editor

Donna Thorson

360-481-5963

Production Assistance

Capital Business

Machines



Classified Advertising Rates for Hoofbeats Newsletter

Business Cards	\$40 / year
1/4 Page	\$20 month / \$75 year
1/2 Page	\$45 month / \$135 year
Full Page	\$55 month / \$200 year
Classified ads, non-members	\$5 month

**Ads must be prepaid to Nancy Garred, Treasurer,
4036 - 107TH Ave SW, Olympia WA 98512**

Horse Talk

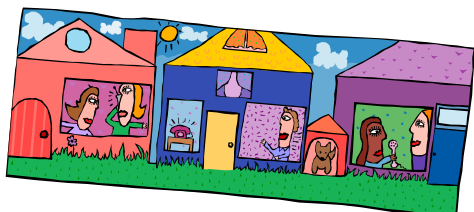
- ♥ Believe in the 11th Commandment: Inside leg to outside rein.
- ♥ Know that all topical medications come in either indelible blue or neon yellow.
- ♥ Think nothing of eating a sandwich after mucking out stables.
- ♥ Know why a thermometer has a yard of yarn attached to one end of it.
- ♥ Are banned from Laundromats.
- ♥ Fail to associate whips, chains and leather with sexual deviancy.
- ♥ Can magically lower their voices five octaves to bellow at a pawing horse.
- ♥ Have a language all their own ("If he pops his shoulder, I have to close that hand and keep pushing with my seat in case he sucks back".)
- ♥ Will end relationships over their hobby.
- ♥ Cluck to their cars to help them up hills.
- ♥ Insure their horses for more than their cars.
- ♥ Will give you 20 names and reasons for that bump on your horse.
- ♥ Know more about their horse's nutrition than their own.
- ♥ Have neatsfoot oil stains on the carpet right next to the TV.
- ♥ Have a vocabulary that can make a sailor blush.
- ♥ Have less wardrobe than their horse.
- ♥ Engage in a hobby that is more work than their day job.
- ♥ Know that mucking stalls is better then Zoloft any day.

Capitol Riders Subject-to-Change-At-Any-Moment 2007 Ride / Activity Schedule (changes in red)

Date	Activity and/or Location	Trail Boss, if applicable
Mar 24	Potluck & Retirement Party for Karen and Ron Johnson	Eric / Shelly Anderson
Apr 21	Trail Maintenance	Jeff LaBreck
Apr 22	Chili Dog Ride—Nisqually Marshall	Nina Merklin
May 4—5	Garage Sale / Duchesnes	Ritz Duchesne
May 12	Equine Dental Clinic / Trails End (filled)	Donna Thorson
May 19	Trail Maintenance	Jeff LaBreck
May 26-28	Memorial Day Ride / Nile	Carrie Russell
Jun 16	Trail Maintenance	Jeff LaBreck
Jun 16—17th	Father's Day Ride / Kalama	Carrie Russell
Jul 13—15	Ride / Keenes	Carrie Russell
Jul 21	Trail Maintenance	Jeff LaBreck
Jul 27—29	Women's Ride / Mt. Adams	Carrie Russell
Aug 17—18	Campout / Ride / Mt. Adams	Carrie Russell
Aug 18	Trail Maintenance	Jeff LaBreck
Sep 1-3	Labor Day Ride / Les Hilde	Carrie Russell
Sep 15	Trail Maintenance	Jeff LaBreck
Sep 22	Green Mountain Ride	?
Oct 20	Trail Maintenance	Jeff LaBreck
TBD	Harvest Party / TBD	TBD
Dec	Holiday Party / TBD	TBD

You Grew Up in a Small Town if...

- 1) You can name everyone you graduated with.
- 2) You know what FFA means.
- 3) You went to parties at a pasture, barn, gravel pit, or in the middle of a dirt road. On Monday you could always tell who was at the party because of the scratches on their legs from running through the woods when the party was busted. (See ..6.)
- 4) You used to "drag" Main.
- 5) You said the "F" word and your parents knew within the hour.
- 6) You scheduled parties around the schedules of different police officers, because you knew which ones would bust you and which ones wouldn't.
- 7) You could never buy cigarettes because all the store clerks knew how old you were (and if you were old enough, they'd tell your parents anyhow.)
- 8) When you did find somebody old enough and brave enough to buy cigarettes, you still had to go out into the country and drive on back roads to smoke them.
- 9) You knew which section of the ditch you would find the beer your buyer dropped off.
- 10) It was cool to date somebody from the neighboring town.
- 11) The whole school went to the same party after graduation.
- 12) You didn't give directions by street names but rather by references. Turn by Nelson's house, go 2 blocks to Anderson's, and its four houses left of the track field.
- 13) The golf course had only 9 holes.
- 14) You couldn't help but date a friend's ex-boyfriend/girlfriend.
- 15) Your car stayed filthy because of the dirt roads, and you will never own a dark vehicle for this reason.
- 16) The town next to you was considered "trashy" or "snooty," but was actually just like your town.
- 17) You referred to anyone with a house newer than 1965 as the rich people.
- 18) The people in the "big city" dressed funny, and then you picked up the trend 2 years later.
- 19) Anyone you wanted could be found at the local gas station or the town bar.
- 20) You saw at least one friend a week driving a tractor through town or one of your friends driving a grain truck to school occasionally.
- 21) The gym teacher suggested you haul hay for the summer to get stronger.
- 22) Directions were given using THE stop light as a reference.
- 23) When you decided to walk somewhere for exercise, 5 people would pull over and ask if you wanted a ride.
- 24) Your teachers called you by your older siblings' names.
- 25) Your teachers remembered when they taught your parents.
- 26) You could charge at any local store or write checks without any ID.
- 27) The closest McDonalds was 25 miles away (or more).
- 28) The closest mall was over an hour away.
- 29) It was normal to see an old man riding through town on a riding lawn mower.
- 30) You've pee'd in a cornfield.
- 31) Most people went by a nickname.



Pictures from February 24, 2006, Breakfast at JJ Norths



The Second Great Gravel Pack

March 3rd 2007 was a drizzly, cold, and damp morning.

Patches of leaving snow dotted the area as 34 trail workers from local chapters of Back Country Horsemen of Washington, the Department of Natural Resources staff and other groups.

These volunteers gathered at the intersection of roads D4000 and D4100 in the Capital State Forest near Olympia Washington.

This was a continuation of repair to the damaged trail tread on Mima-porter trail #8, but because of the severe winter damage, this year's work focused on repairing several gapping holes in the trail left by the displaced root balls of downed trees.

The Great Gravel Pack-in has become a very valuable project for both the Department of Natural Resources and the local trail users as well.



Because of adverse terrain, motorized gravel haulers are unable to reach these areas.



Volunteer packers and trail workers are able to pack gravel in on horses and mules.

During this year's project, 26

horses and mules were used for packing.

Horse and mule pack strings traveled approximately 12 miles, round trip. 16 pack animals carried 18,680 pounds of gravel and rock equaling, 408 buckets, all of which had to be loaded, packed, unpacked and spread by hand.

The volunteer workers and DNR staff were rightfully proud of the amount and quality of the work they accomplished.

The experienced pack stock and handlers

demonstrated the ancient skill of moving cargo with horses and mules still has a very valuable place in our modern world.

We are all looking forward to March 1st 2008 when the members of Back County Horsemen of Washington and many other volunteers will

again gather for the next Great gravel Pack-in.



Treats for April

Shelly Anderson

April Birthdays



04—Dick Vetter
19—Ken Parrish
19—Barry Russell
24—Lee Munroe
29—Ritz Duchesne

2007 Capitol Riders Meeting Schedule

All meetings are the **second Tuesday** of the month, **7:00 p.m.**,
Little Rock Fire Department
10828 Littlerock Road SW
Olympia WA 98512

January 9, 2007

July 10, 2007

February 13, 2007
Speaker: Christine
Redmond, DNR

August 14, 2007

March 13, 2007
Speaker: Ken Parrish

September 9, 2007

April 10, 2007

October 13, 2007

May 8, 2007

November 13, 2007

June 12, 2007

December 11, 2007



Capitol Riders

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